

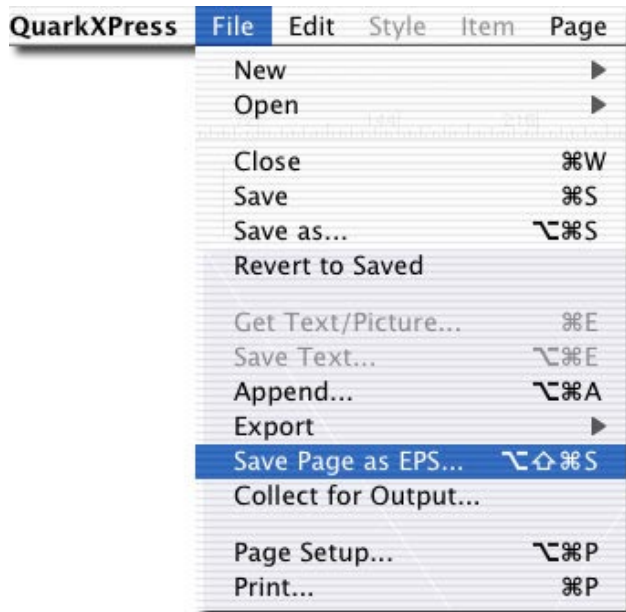
1. Download our Quark template from the Product page for the item you are ordering. Use the template to create a new file, or place your existing document within the template.

### Advanced Users Note:

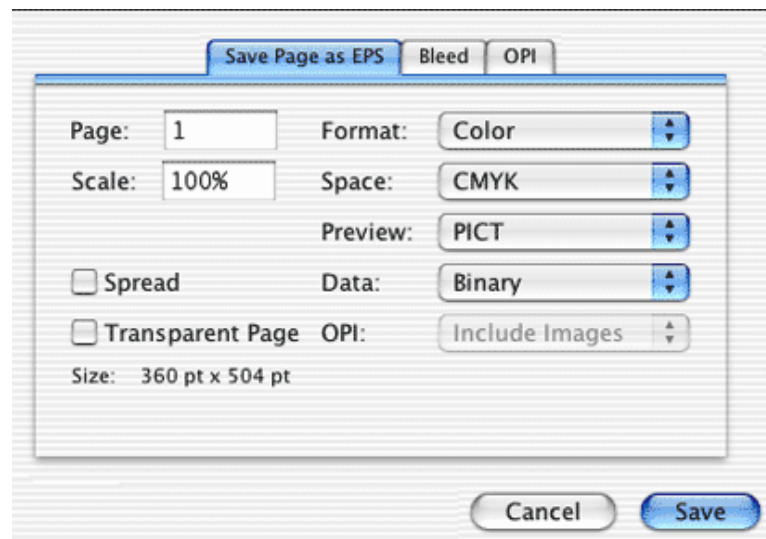
If you are familiar with PDF workflows, you may proceed without a template. However, please scrutinize your artwork in the cropping tool.

2. Carefully follow all the guidelines for All Applications.

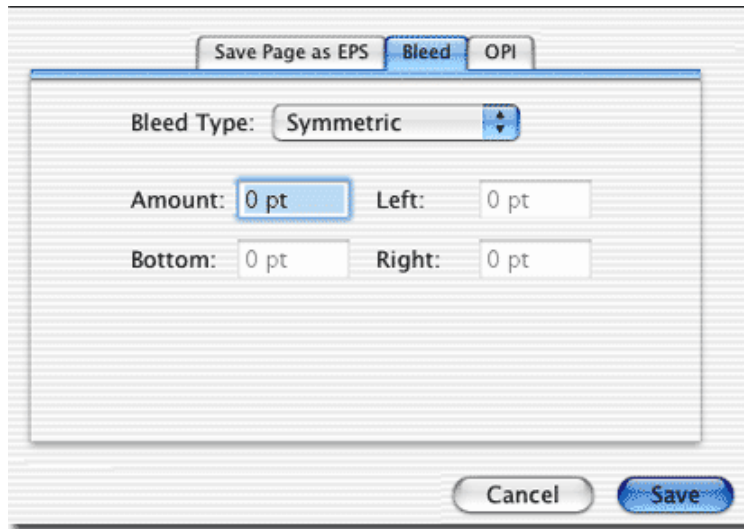
3. Print a laser or inkjet proof for a final internal check, then Save Page as EPS:



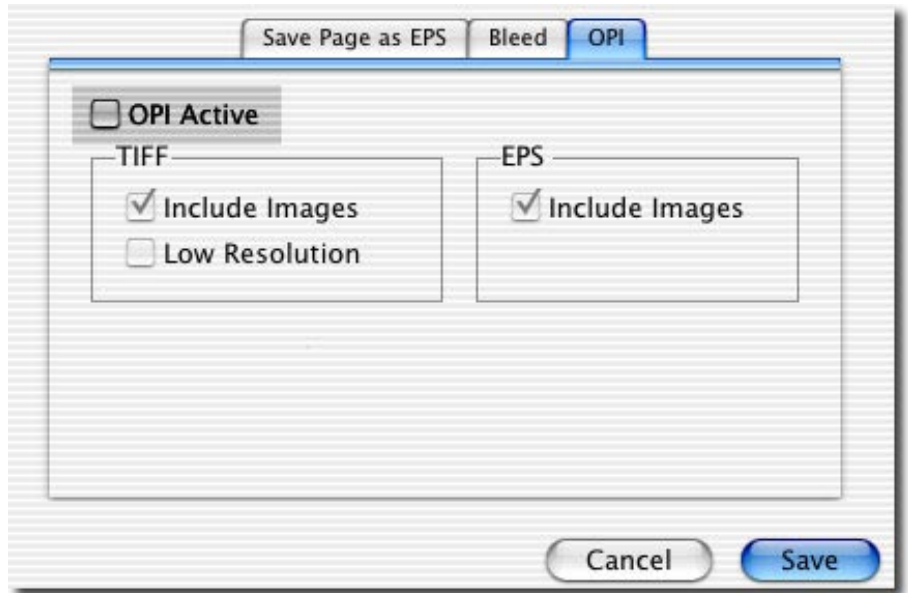
4. On the Save Page as EPS window, set format to Color, Space to CMYK, Preview to PICT and Data to Binary:



5. In the Bleed tab, set the bleed amount to 0



6. In the OPI tab, turn the OPI Active button off.



7. Your file is now ready to distill to PDF. See Adobe Acrobat instructions.